



Happy New Year

In this issue

Mountain skills courses

We now market these courses in a logical progression. Starting at level one through to level three; this allows you to choose the course that suits your skills best. All these programmes are designed so you may become a confident, safe and independent walker and navigator on the British hills.

Click the link below for full details.

<http://henggenting.co.uk/Pages/MountainSkillsintroductionpage.htm>

Navigation skills courses

We launched our level 3 advanced navigation training course in October for those who are already operating at a high standard or who would like to hone their skills before commencing on a ML or WGL assessment. This was with 3 students who have attended previous programmes with us.

This course differs from the others in that it has a separate assessment day after the training course, students leave the training element and consolidate their personal navigation skills in the hills. When the students feel they want these skills verified they then book their assessment day with us to undertake a tough 12 Km Mountain route in North Wales, this is under the direction of Pete Cook.

Click the link below for full details.

<http://henggenting.co.uk/Pages/Advanced-NavigationCourses.htm>

First aid skills

Our first aid training programs have continued to be popular with individuals and organisations.

We have delivered HSE recognised courses for Local Authorities, Voluntary Trusts, Sports Groups, NHS, MOD personnel, individuals both freelance instructors and casual outdoor enthusiasts along with outdoor centre staff.

In 2007 we trained over 600 people on our various first aid programmes, these people all passed their respective training and assessment courses and are now living and working in the community

with these life saving skills, if they are ever needed in a medical emergency.

Pete Cook continues to personally deliver and direct all the specialist course programs listed above along with his hand picked assistants. We have also delivered a number of HSE Approved courses ranging from the Appointed Persons which is suitable for small businesses to Paediatric first aid in Schools, Private homes and Crèches.

With the totally new Climbing Wall Award being launched by the Mountain Leader Training Trusts in January 2008 and its separate first aid requirement of a minimum of 8 hours training, we have increased the attendance hours on our level 1 program from 6.5 hours to 8. This is with no cost increase to students with additional training in spinal injuries & immobilisation.

If you know someone who would like to gain valuable life saving skills please pass on our details.

Click the link below for full details.

<http://henggenting.co.uk/Pages/AppointedPersons.htm>

Basic Expedition Leaders Award

Again this year Pete Cook is acting a Course Director & lead tutor in association with Swindon College on this NVQ level 2 award, For full details and how to enrol click the link below.

<http://henggenting.co.uk/Pages/BasicExpeditionLeadersAwardBELA.htm>

Press release

[Climb this mountain for success](#)

If you no longer wish to receive these regular updates please click the link below. Stop@henggenting.co.uk

Once again, Happy New Year to all of you and we look forward to seeing you on the hills and crags in 2008

Pete & the HGMA Team